## What Is Claimed Is:

1. A method for loading a solute into a cell comprising:

disposing a cell in a solution having a solute concentration of sufficient magnitude to produce hyperosmotic pressure on the cell for transferring a solute from the solution into the cell.

- 2. The method of Claim 1 wherein said solute concentration includes an extracellular cellular solute concentration for elevating extracelluar osmolarity within the solution to a value which is greater than a value of the intracellular osmolarity of the cell.
- 3. The method of Claim 1 wherein said transferring a solute is by fluid phase endocytosis.
- 4. The method of Claim 1 wherein said solute comprises trehalose and said cell comprises an erythrocytic cell.
- 5. The method of Claim 4 wherein said transferring of trehalose from the solution into the erythrocytic cell is without degradation of the trehalose.
- 6. The method of Claim 4 wherein a gradient of trehalose concentration (mM) within the erythrocytic cell to extracellular trehalose concentration (mM) within the solution ranges from about 0.130 to about 0.200.

- 7. The method of Claim 4 wherein a gradient of trehalose concentration (mM) within the erythrocytic cell to extracellular trehalose concentration (mM) within the solution ranges from about 0.04 to about 0.12.
- 8. The method of Claim 4 wherein a gradient of trehalose concentration (mM) within the erythrocytic cell to extracellular trehalose concentration (mM) within the solution ranges from about 0.08 to about 0.12.
- 9. The method of Claim 4 wherein said solute solution has a trehalose concentration ranging from about 320~mM to about 4000~mM.
- 10. The method of Claim 4 wherein said solute solution has a trehalose concentration ranging from about 320 mM to about 2000 mM.
- 11. The method of Claim 4 wherein said solute solution has a trehalose concentration ranging from about 500 mM to about 1000 mM.
- 12. A cell produced in accordance with the method of Claim 1.
- 13. An erythrocytic cell produced in accordance with the method of Claim 11.
- 14. A method for loading trehalose into an erythrocytic cell comprising disposing an erythrocytic cell in a trehalose solution having a trehalose concentration of at least about 25 % greater than the intracellular osmolarity of the erythrocytic cell for loading the trehalose into the erythrocytic cell.

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- 15. The method of Claim 14 wherein said loading the trehalose into the erythrocytic cell is by fluid phase endocytosis.
- 16. The method of Claim 14 wherein said loading of the trehalose from the trehalose solution into the erythrocytic cell is without degradation of the trehalose.
- 17. The method of Claim 14 said loading of the trehalose produces a loaded erythrocytic cell having a gradient of loaded trehalose concentration (mM) within the erythrocytic cell to extracellular trehalose concentration (mM) within the trehalose solution ranging from about 0.130 to about 0.200.
- 18. The method of Claim 14 wherein said loading of the trehalose produces a loaded erythrocytic cell having a gradient of loaded trehalose concentration (mM) within the erythrocytic cell to extracellular trehalose concentration (mM) within the trehalose solution ranging from about 0.04 to about 0.08.
- 19. The method of Claim 14 wherein said loading of the trehalose produces a loaded erythrocytic cell having a gradient of loaded trehalose concentration (mM) within the erythrocytic cell to extracellular trehalose concentration (mM) within the trehalose solution ranging from about 0.04 to about 0.12.
- 20. The method of Claim 14 wherein said trehalose solution has a trehalose concentration of at least about 50% greater than the intracellular osmolarity of the erythrocytic cell.
- 21. The method of Claim 14 wherein said trehalose solution has a trehalose concentration ranging from about 25 % to at least

about 1000% greater than the intracellular osmolarity of the erythrocytic cell.

- 22. An erythrocytic cell produced in accordance with the method of Claim 14.
- 23. The method of Claim 1 additionally comprising

preventing a decrease in a loading efficiency gradient in the loading of the solute into the cell.

- 24. The method of Claim 23 wherein said solute comprises an oligosaccharide and said preventing a decrease in a loading efficiency gradient in the loading of the oligosaccharide into the cell comprises maintaining a concentration of the oligosaccharide in the oligosaccharide solution below a concentration ranging from about 35 mM to about 65 mM.
- 25. The method of Claim 23 wherein said loading comprises loading by fluid phase endocytosis.
- 26. The method of Claim 24 wherein said loading comprises loading by fluid phase endocytosis.
- 27. The method of Claim 23 wherein said solute comprises an oligosaccharide and said preventing a decrease in a loading efficiency gradient in the loading of the oligosaccharide into the cell comprises maintaining a positive gradient of loading efficiency to concentration of the oligosaccharide in the oligosaccharide solution.

- 28. The method of Claim 23 wherein said solute comprises an oligosaccharide and said preventing a decrease in a loading efficiency gradient in the loading of the oligosaccharide into the cell comprises maintaining a positive gradient of loading efficiency (%) to concentration (mM) of the oligosaccharide in the oligosaccharide solution.
- 29. The method of Claim 27 wherein said oligosaccharide comprises trehalose.
- 30. The method of Claim 28 wherein said oligosaccharide comprises trehalose.
- 31. A method for loading trehalose into cells comprising:

disposing cells in a trehalose solution having a trehalose concentration of at least about 25 % greater than the intracellular osmolarity of the cells for loading trehalose into the cells; and

preventing a decrease in a loading efficiency gradient in the loading of the trehalose into the cells.

- 32. The method of Claim 31 wherein said preventing a decrease in a loading efficiency gradient in the loading of the trehalose into the cells comprises maintaining a concentration of the trehalose in the trehalose solution below a concentration ranging from about 35 mM to about 65 mM.
- 33. The method of Claim 31 wherein said loading comprises loading by fluid phase endocytosis.

- 34. The method of Claim 32 wherein said loading comprises loading by fluid phase endocytosis.
- 35. The method of Claim 31 wherein said preventing a decrease in a loading efficiency gradient in the loading of the trehalose into the cells comprises maintaining a positive gradient of loading efficiency to concentration of the trehalose in the trehalose solution.
- 36. The method of Claim 31 wherein said preventing a decrease in a loading efficiency gradient in the loading of the trehalose into the cells comprises maintaining a positive gradient of loading efficiency (%) to concentration (mM) of the trehalose in the trehalose solution.
- 37. The method of Claim 31 wherein said cells comprise erythrocytic cells.
- 38. The method of Claim 36 wherein said cells comprise erythrocytic cells.
- 39. A method for loading an oligosaccharide into cells comprising:

disposing cells in an oligosaccharide solution having an oligosaccharide concentration of at least about 25 % greater than the intracellular osmolarity of the cells for loading oligosaccharide into the cells; and

preventing a decrease in a loading gradient in the loading of the oligosaccharide into the cells.

- 40. The method of Claim 39 wherein said preventing a decrease in a loading gradient in the loading of the oligosaccharide into the cells comprises maintaining a concentration of the oligosaccharide in the oligosaccharide solution below a concentration ranging from about 35 mM to about 65 mM.
- 41. The method of Claim 39 wherein said loading comprises loading by fluid phase endocytosis.
- 42. The method of Claim 40 wherein said loading comprises loading by fluid phase endocytosis.
- 43. The method of Claim 39 wherein said preventing a decrease in a loading gradient in the loading of the oligosaccharide into the cells comprises maintaining a positive gradient of concentration of oligosaccharide loaded into the cells to concentration of the oligosaccharide in the oligosaccharide solution.
- 44. The method of Claim 43 wherein said oligosaccharide comprises trehalose.
- 45. The method of Claim 39 wherein said cells comprise erythrocytic cells.
- 46. The method of Claim 1 additionally comprising retaining the solute in the cell.
- 47. The method of Claim 1 additionally comprising washing the cell, and retaining the solute in the cell during the washing.

- 48. The method of Claim 47 wherein said washing is with a washing buffer, and retention of the solute in the cell increases from about 25% to about 175% when a buffer concentration increases from about 50% to about 400%.
- 49. The method of Claim 47 wherein said washing is with a washing buffer, and retention of the solute in the cell increases from about 50% to about 150% when a buffer concentration increases from about 100% to about 300%.
- 50. The method of Claim 47 wherein said washing is with a washing buffer, and retention of the solute in the cell increases from about 75% to about 125% when a buffer concentration increases from about 150% to about 250%.
- 51. The method of Claim 47 wherein said washing is with a washing buffer, and retention of the solute in the cell increases about 100% when a buffer concentration increases about 200%.
- 52. The method of Claim 1 additionally comprising washing the cell with a washing buffer wherein a ratio of an extracellular buffer concentration (mOsm) to an intracellular solute concentration (mM) ranges from about 14.0 to about 4.0.
- 53. The method of Claim 1 additionally comprising washing the cell with a washing buffer wherein a ratio of an extracellular buffer concentration (mOsm) to an intracellular solute concentration (mM) ranges from about 12.0 to about 5.0.
- 54. The method of Claim 1 additionally comprising washing the cell with a washing buffer wherein a ratio of an extracellular

buffer concentration (mOsm) to an intracellular solute concentration (mM) ranges from about 9.0 to about 6.0.

- 55. The method of Claim 1 additionally comprising washing the cell with a washing buffer wherein a ratio of an extracellular buffer concentration (mOsm) to an intracellular solute concentration (mM) ranges from about 8.0 to about 7.0.
- 56. The method of Claim 14 additionally comprising retaining the trehalose in the erythrocytic cell.
- 57. The method of Claim 14 additionally comprising washing the erythrocytic cell, and retaining the trehalose in the erythrocytic cell during the washing.
- 58. The method of Claim 57 wherein said washing is with a washing buffer, and retention of the trehalose in the erythrocytic cell increases from about 25% to about 175% when a buffer concentration increases from about 50% to about 400%.
- 59. The method of Claim 47 wherein said washing is with a washing buffer, and retention of the trehalose in the erythrocytic cell increases from about 50% to about 150% when a buffer concentration increases from about 100% to about 300%.
- 60. The method of Claim 57 wherein said washing is with a washing buffer, and retention of the trehalose in the erythrocytic cell increases from about 75% to about 125% when a buffer concentration increases from about 150% to about 250%.
- 61. The method of Claim 57 wherein said washing is with a washing buffer, and retention of the trehalose in the

erythrocytic cell increases about 100% when a buffer concentration increases about 200%.

- 62. The method of Claim 14 additionally comprising washing the erythrocytic cell with a washing buffer wherein a ratio of an extracellular buffer concentration (mOsm) to an intracellular trehalose concentration (mM) ranges from about 14.0 to about 4.0.
- 63. The method of Claim 14 additionally comprising washing the erythrocytic cell with a washing buffer wherein a ratio of an extracellular buffer concentration (mOsm) to an intracellular trehalose concentration (mM) ranges from about 12.0 to about 5.0.
- 64. The method of Claim 14 additionally comprising washing the erythrocytic cell with a washing buffer wherein a ratio of an extracellular buffer concentration (mOsm) to an intracellular trehalose concentration (mM) ranges from about 9.0 to about 6.0.
- 65. The method of Claim 14 additionally comprising washing the erythrocytic cell with a washing buffer wherein a ratio of an extracellular buffer concentration (mOsm) to an intracellular trehalose concentration (mM) ranges from about 8.0 to about 7.0.
- 66. A method for retaining a solute in a cell comprising disposing a cell containing a solute in a solution wherein a ratio of an extracellular buffer concentration (mOsm) to an intracellular solute concentration (mM) ranges from about 14.0 to about 4.0.